



## FAMILY COMMUNICATION

## EXAMPLE

*There are many ways to share PowerUp with families. Sending this example communication to families is just one way! Include in an email, online platform, or any other family communication channel.*

Hello!

Our class is excited to be participating in the [HealthPartners PowerUp](#) School Challenge this year. The Challenge is a program to get elementary-aged students excited to Eat Better with fruits and veggies, Move More in fun new ways and Feel Good by recharging, every day. Together, we will be getting curious and exploring new and exciting ways to PowerUp. By participating, we have the opportunity to earn cash incentives to promote wellness at our school. How can families get involved? Beyond the classroom program, there are many fun activities and resources to PowerUp the whole family at home. Find inspiration at [powerup4kids.org/schoolchallengefamily](http://powerup4kids.org/schoolchallengefamily).

*Want to say more? Consider including details about the print materials that will be going home and/or specific activities you will be doing with your class.*